



## Weekly Road Rides

Listed start times are when the action starts.

- Come 10-15 minutes early to get ready so you don't delay other riders.
- Pace may vary depending on who shows up to ride on any given day.

Day	Season	Ride
Sunday	Year Round  May – September	<p><b>Sunday Morning Skills Rides</b>, 11:00 AM, <a href="#">Bike Stand Parking Lot</a>, Leader: Bill Stevenson Tone: Relaxed fitness/pace lines. Pace: 16 – 18 MPH Average Distance: 25 – 40 miles</p> <p><b>Sunday SLOcials</b>; 10:00 AM; Varied Start Points Leaders/ Start points vary by week of month Tone: Relaxed Pace: 12 – 15 MPH Average Distance: ~30 miles</p>
Monday	Year Round	No Club Ride
Tuesday	April – October  April – September	<p>Fitness Ride, 6:00, <a href="#">Bike Stand</a> Leader: Bill Stevenson Tone: Fitness Pace: 18 – 24 Average MPH Distance: 25 – miles</p> <p><b>Recreational Ride</b>: 5:45 PM, Marathon Park Leader: Blaine Wheeler Tone: Recreational Pace 14 – 17 MPH Average Distance: 25 – 35 miles</p>
Wednesday	Year Round	No Club Ride
Thursday	Same as Tuesdays	Same as Tuesdays
Friday	Year Round	No Club Ride.
Saturday	March – Oct  October – April  Nov – Feb	<p><a href="#">Saturday Social Rides</a>: 10:00 AM, Varied Start Points Leaders/Pace: varies Tone: Social Distance: 25 – 80 miles</p> <p>Saturday Fixed Gear Leader: Scott Smith Tone: Fitness Pace: 16 + MPH Average Distance: 25 – 45 miles</p> <p>Winter CUPPA Rides: 10:00 AM Leaders/ Start points vary by week of month Tone: Social/Recreational Pace: 13 – 16 MPH Average Distance: ~ 30 miles</p>